

**ARTHUR C. BROOKS**

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EDUCATION

PhD (Public Policy Analysis), The RAND Graduate School, 1998  
MPhil (Public Policy Analysis), The RAND Graduate School, 1997  
MA (Economics), Florida Atlantic University, 1994  
BA (Economics), Thomas Edison State University, 1994

PROFESSIONAL POSTS

2019-present: Harvard University; Cambridge, MA  
William Henry Bloomberg Professor of the Practice of Public Leadership, Harvard Kennedy School  
Professor of Management Practice and Faculty Fellow, Harvard Business School

Columnist positions

2020-present: Creator, "How to Build a Life" column, The Atlantic  
2019-2020: Columnist, The Washington Post  
2014-2018: Contributing Opinion Writer, The New York Times

2009-2019: The American Enterprise Institute; Washington, DC  
President  
Beth and Ravenel Curry Endowed Scholar

2001-2008: Syracuse University; Syracuse, NY  
The Maxwell School of Citizenship and Public Affairs  
Martin J. Whitman School of Management  
Louis A. Bantle Professor of Business and Government Policy (2007-2008)  
Professor of Public Administration (2006-2008)  
Director, Nonprofit Studies Program (2003-2007)  
Associate Professor of Public Administration (2001-2005)

1998-2001: Georgia State University; Atlanta, GA  
Assistant Professor of Public Administration & Economics

1996-1998: The RAND Corporation; Santa Monica, CA  
Doctoral Fellow

1992-1995: Harid Conservatory of Music; Boca Raton, FL

French horn Instructor/Department Chair

1989-1992: City Orchestra of Barcelona (*Orquestra Ciutat de Barcelona*); Barcelona, Spain  
Associate Principal French Horn

1983-1989: Annapolis Brass Quintet; Baltimore, MD  
French Hornist

#### RECENT AWARDS AND DISTINCTIONS

- Honorary doctorates: Saint Thomas Aquinas College (2020), Brigham Young University (2019), Claremont McKenna College (2019), Hampden-Sydney College (2018), Jacksonville University (2018), Ave Maria University (2015), Thomas Edison State College (2013).
- Pioneer Award, Positive Psychology Center, University of Pennsylvania, 2022.
- Irving Kristol Award, American Enterprise Institute, 2022.
- President Emeritus, American Enterprise Institute, 2019-present.
- National Peacemaker Award, National Conflict Resolution Center, 2020
- John Paul II Award for New Evangelization, Catholic Information Center, Washington, DC, 2020.
- Joseph McKeen Visiting Fellow, Bowdoin College, Brunswick, ME, 2019-20.
- Distinguished Alumni Award, Florida Atlantic University College of Business, 2019.
- G.S. Beckwith Gilbert '63 Fellow, Princeton University, 2018.

#### PERSONAL DATA

- D.O.B. 5-21-64 (age 58)
- Married 31 years to Ester Munt-Brooks, three adult children.
- Language fluency: English, Spanish and Catalan.
- Citizenship: USA
- Past security clearances held: Top Secret, SCI

#### FULL PUBLICATION LIST

##### Books

1. **Brooks, Arthur C. and Oprah Winfrey (in progress, forthcoming September 12, 2023). Fully Alive: The Art and Science of Getting Happier. New York: Portfolio/Penguin.**
2. **Brooks, Arthur C. (2022). From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life. New York: Portfolio/Penguin.**
  - **#1 New York Times bestseller.**
  - **Selected as Amazon's 2022 Best Business Book of the Year.**
  - **Selected as a Wall Street Journal 12 Best Self-Help Books to Read in 2022.**
  - **UK edition: Bloomsbury. Editions in Spanish, Korean, Portuguese, Hungarian, Chinese, Slovenian, Slovakian, Arabic, Lithuanian, Bulgarian, Japanese, Hebrew, Catalan, German, Polish.**
3. Brooks, Arthur C. (2019). *Love Your Enemies: How Decent People Can Save America from the Culture of Contempt.* New York: Broadside/HarperCollins. National bestseller. Spanish edition with Editorial Elba, *Amad a vuestros enemigos*, 2020. Selected among Politico's "Top Books of 2019."
4. Brooks, Arthur C. (Hardback edition 2015, Paperback edition 2017). *The Conservative Heart: How to Build a Fairer, Happier, and More Prosperous America.* New York: Broadside/HarperCollins. New York Times bestseller.

5. Brooks, Arthur C. (2012). *The Road to Freedom: How to Win the Fight for Free Enterprise*. New York: Basic Books. New York Times bestseller. Winner of CNBC's Blue Chip Book Award. Included in Politico's "Top Books of 2012."
6. Brooks, Arthur C. (2010). *The Battle: How the Fight Between Free Enterprise and Big Government Will Shape America's Future*. New York: Basic Books. Translated into Spanish and Chinese. *WORLD Magazine's Book of the Year*, 2010.
7. Wehner, Peter and Arthur C. Brooks (2010). *Wealth and Justice: The Morality of Democratic Capitalism*. Lanham, MD: Rowman & Littlefield.
8. Brooks, Arthur C. (2008). *Gross National Happiness: Why Happiness Matters for America—and How We Can Get More of It*. New York: Basic Books.
9. Brooks, Arthur C. (2008). *Social Entrepreneurship: A Modern Approach to Social Value Creation*. Upper Saddle River, NJ: Prentice-Hall. Editions also in Chinese, Korean, and Greek.
10. Brooks, Arthur C. (2006). *Who Really Cares: The Surprising Truth About Compassionate Conservatism*. New York: Basic Books. Edition also in Chinese.
11. Brooks, Arthur C., Editor (2005). *Gifts of Time and Money: The Role of Charity in America's Communities*. Lanham, MD: Rowman & Littlefield.
12. McCarthy, Kevin F., Elizabeth H. Ondaatje, Arthur C. Brooks, and Andras Szanto (2005). *A Portrait of the Visual Arts: Meeting the Challenges of a New Era*. Santa Monica, CA: Rand.
13. McCarthy, Kevin F., Elizabeth H. Ondaatje, Laura Zakaras, and Arthur C. Brooks (2005) *Gifts of the Muse: Reframing the Debate about the Benefits of the Arts*. Santa Monica, CA: Rand.
14. McCarthy, Kevin F., Arthur C. Brooks, Julia Lowell, and Laura Zakaras (2001). *The Performing Arts in a New Era*. Santa Monica, CA: RAND.

#### Peer-reviewed papers and chapters

1. VanderWeele, Tyler J., and Arthur C. Brooks (2020). "A Public Health Approach to Negative News Media: The 3-to-1 Solution." *American Journal of Health Promotion*.
2. Brooks, Arthur C. (2018). "How Did the Great Recession Affect Charitable Giving?" *Public Finance Review* 64(5): 715-742.
3. Brooks, Arthur C. (2010). "What Do Markets Need?" *Faith & Economics* 55(Spring): 11-18.
4. Brooks, Arthur C. (2009). "Volunteerism." In Cross, Gary, Robert Maddox, and William Pencak (Eds.) *Dictionary of American History*, Dynamic Reference. New York: Scribner.
5. Brooks, Arthur C. (2008). "Philanthropy and the Nonprofit Sector." In Schuck, Peter and James Q. Wilson (Eds.) *Understanding America*. New York: Public Affairs, 2008, pp. 539-562.
6. Brooks, Arthur C. (2007). "Does Giving Make Us Prosperous?" *Journal of Economics and Finance* 31(3): 403-411.
7. Brooks, Arthur C. (2007). "Income Tax Policy and Charitable Giving." *Journal of Policy Analysis and Management* 26(3): 599-612.
8. Brooks, Arthur C., and Jan I. Ondrich (2007). "Quality, Service Level, or Empire: Which is the Objective of the Nonprofit Arts Manager?" *Journal of Cultural Economics* 31: 129-142.
9. Brooks, Arthur C. (2007). "The Public Value of Controversial Art: The Case of the Sensation Exhibit." In C. David Throsby and Michael Hutter (Eds.). *Beyond Price: Value in Culture, Economics, and the Arts*. New York: Cambridge University Press, pp. 270-282.
10. Brooks, Arthur C. (2006). "Efficient Nonprofits?" *Policy Studies Journal* 34(3): 303-311.
11. Brooks, Arthur C., and Jan I. Ondrich (2006). "How Public Is Public Television?" *Public Finance Review* 34(1): 101-113.
12. Brooks, Arthur C. (2006). "Nonprofit Performing Arts Firms." In Ginsburgh, Victor, and C. David Throsby (Eds.). *The Handbook on the Economics of Art and Culture*. North Holland Handbooks in Economics. Amsterdam: Elsevier Science, pp. 473-506.
13. Rushton, Michael, and Arthur C. Brooks (2006). "Government Funding of Nonprofit Organizations." In Dennis R. Young (Editor). *An Integrated Theory of Nonprofit Finance*. Lanham, MD: Lexington Books.
14. Louie, Alison, and Arthur C. Brooks (2006). "Engaging Business with Nonprofits" In Young, Dennis R. (Ed.). *Wise Decision-making in Uncertain Times: Using Nonprofit Resources Effectively*. Washington, DC: The Foundation Center, pp. 191-204.
15. Brooks, Arthur C. (2005). "What Do Nonprofit Organizations Seek? (And Why Should Policymakers Care?)" *Journal of Policy Analysis and Management* 24(3): 543-558.
16. Brooks, Arthur C. (2005). "Does Social Capital Make You Generous?" *Social Science Quarterly* 86(1): 1-15.
17. Lewis, Gregory B. and Arthur C. Brooks (2005). "A Question of Morality: Artists' Values and Public Funding for the Arts." *Public Administration Review* 65(1): 8-17.

18. Van Slyke, David M., and Arthur C. Brooks (2005). "Why Do People Give? New Evidence and Strategies for Nonprofit Managers" *American Review of Public Administration* 35(3): 199-222.
19. Brooks, Arthur C. (2005). "Philanthropy Vs. National Security: Should CARE Criticize the Military?" In Franke, Volker C. (Eds.). *Terrorism and Peacekeeping: New Security Challenges*. Westport, Conn.: Praeger, pp. 196-211.
20. Brooks, Arthur C. (Fall 2004). "Compassion, Religion, and Politics." *The Public Interest* 157: 57-66.
21. Brooks, Arthur C. (2004). "The Effects of Public Policy on Private Charity." *Administration & Society* 36(2): 166-185.
22. Brooks, Arthur C. (2004). "In Search of True Public Arts Support." *Public Budgeting & Finance* 24(2): 88-100.
23. McClelland, Robert, and Arthur C. Brooks (2004). "Comparing Theory and Evidence on the Relationship Between Income and Charitable Giving." *Public Finance Review* 32(5): 483-497.
24. Brooks, Arthur C. (2004). "Do People Really Care About the Arts for Future Generations?" *Journal of Cultural Economics* 28:275-284.
25. Brooks, Arthur C. (2004). "Evaluating the Effectiveness of Nonprofit Fundraising." *Policy Studies Journal* 32(3): 363-374.
26. Brooks, Arthur C. (2004). "What Do 'Don't Know' Responses Really Mean in Giving Surveys?" *Nonprofit and Voluntary Sector Quarterly* 33(3) 423-434.
27. Brooks, Arthur C. (2004). "Faith, Secularism, and Charity." *Faith and Economics* 43: 1-8.
28. Brooks, Arthur C. (2004). "Valoración Contingente y la Maldición del Ganador en las Subastas de Arte en Internet." *Revista Asturiana de Economía (Spain)* 29: 17-32.
29. Brooks, Arthur C. (2004). "What Is Art Really Worth?" *Journal of Arts Management, Law, and Society* 34(3): 163-165.
30. Brooks, Arthur C. (2003). "Religious Faith and Charitable Giving" *Policy Review* 121: 39-50 (October/November).
31. Brooks, Arthur C. (2003). "Taxes, Subsidies, and Listeners Like You: Public Policy and Contributions to Public Radio." *Public Administration Review* 63(5): 554-561.
32. Brooks, Arthur C. (2003). "Do Government Subsidies to Nonprofits Crowd Out Donations or Donors?" *Public Finance Review* 31(2): 166-179.
33. Brooks, Arthur C. (2003). "Public Goods and Posterity: An Empirical Test of Intergenerational Altruism." *Journal of Public Administration Research and Theory* 13(2): 165-176.
34. Brooks, Arthur C. (2003). "Charitable Giving to Humanitarian Organizations in Spain." *Hacienda Pública Española/Revista de Economía Pública (Spanish Journal of Public Economics)* 165-(2/2003): 9-24.
35. Brooks, Arthur C. (2003). "Public Opinion and the Role of Government Arts Funding in Spain." *Journal of Comparative Policy Analysis: Research and Practice* 5(1): 29-38.
36. Brooks, Arthur C. (2003). "Charity, Christianity, and the Poor: An Outsider's View of the Pew Christian Scholars Program." *Faith & Economics* 41(1): 22-26.
37. Brooks, Arthur C. (2003). "The Changing Role of Arts Intermediaries: Introduction." *Journal of Arts Management, Law, and Society* 33(2): 83-84.
38. Brooks, Arthur C. (2003), Book review essay: "Challenges and Opportunities Facing Nonprofit Organizations" *Public Administration Review* 63(4): 503-506.
39. Brooks, Arthur C. (2002). "Charitable Giving in Transition Economies: Evidence from Russia." *National Tax Journal* 55(4): 743-754.
40. Brooks, Arthur C. (2002). "Welfare Receipt and Private Charity." *Public Budgeting and Finance* 22(3): 100-113.
41. Brooks, Arthur C. (2002). "Can Nonprofit Management Help Answer Public Management's 'Big Questions'?" *Public Administration Review* 62(3): 259-265.
42. Brooks, Arthur C. and Gregory B. Lewis (2002). "Enhancing Policy Models with Exploratory Analysis." *Journal of Public Administration Research and Theory* 12(1): 129-136.
43. Brooks, Arthur C. (2002). "Artists as Amateurs and Volunteers." *Nonprofit Management & Leadership* 13(1): 5-16.
44. Brooks, Arthur C. (2002). "Does Civil Society Stop the Downward Spiral of Bad Government, or Speed it Up?" *Nonprofit and Voluntary Sector Quarterly* 31(1): 139-143.
45. Brooks, Arthur C. and Roland J. Kushner (2002). "What Makes an Arts Capital? Quantifying a City's Cultural Environment." *International Journal of Arts Management* 5(1): 12-23.
46. Myers, David E. and Arthur C. Brooks (2002). "Policy Issues Connecting Music Education and Arts Education." In Colwell, Richard J. and Carol P. Richardson (Eds.). *The New Handbook of Research on Music Teaching and Learning*. New York: Oxford Univ. Press., pp. 909-930.
47. Brooks, Arthur C. (2002). "Contingent Valuation and the Winner's Curse in Internet Art Auctions." In Mossetto, Gianfranco, and Marilena Vecco (Eds.). *Economics of Art Auctions*. Milan, Italy: FrancoAngeli: 153-170.
48. Brooks, Arthur C. (2002). Book Review: Albino Barrera, *Modern Catholic Social Documents & Political Economy*. Washington, DC: Georgetown University Press. In *Faith & Economics* 40: 36-37.

49. Brooks, Arthur C. and Gregory B. Lewis (2001). "Giving, Volunteering, and Mistrusting Government." *Journal of Policy Analysis and Management* 20(4): 765-770.
50. Brooks, Arthur C. (2001). "Who Opposes Government Arts Funding?" *Public Choice* 108(3/4): 355-367.
51. Brooks, Arthur C., and Roland J. Kushner (2001). "Cultural Districts and Urban Development." *International Journal of Arts Management* 3(2): 4-15.
52. Brooks, Arthur C. (2000). "Public Subsidies and Private Giving: Crowding Out, Crowding In, or Both?" *Journal of Policy Analysis and Management* 19(3): 451-464.
53. Brooks, Arthur C. (2000). "Is There a Dark Side to Government Support for Nonprofits?" *Public Administration Review* 60(3): 211-218.
54. Brooks, Arthur C. (2000). "Genetic Algorithms and Public Economics." *Journal of Public Economic Theory* 2(4): 493-513.
55. Brooks, Arthur C. (2000). "The Use and Misuse of Adjusted Performance Measures" *Journal of Policy Analysis and Management* 19(2): 323-328.
56. Brooks, Arthur C. (2000). "The 'Income Gap' and the Health of Arts Nonprofits: Arguments, Evidence, and Strategies" *Nonprofit Management & Leadership* 10(3): 271-286.
57. Kushner, Roland J., and Arthur C. Brooks. (2000). "The One-Man Band by the Quick Lunch Stand: Modeling Audience Response to Street Performance." *Journal of Cultural Economics* 24(1): 65-77.
58. Brooks, Arthur C. (2000). Book Review: Andrew L. Pincus, *Tanglewood: The Clash Between Tradition and Change*. Boston: Northeastern Univ. Press. In the *Journal of Cultural Economics*.
59. Brooks, Arthur C. (1999). "Do Public Subsidies Leverage Private Philanthropy for the Arts? Empirical Evidence on Symphony Orchestras." *Nonprofit and Voluntary Sector Quarterly* 28(1): 32-45.
60. Brooks, Arthur, Steve Bankes, and Bart Bennett (1999). "An Application of Exploratory Analysis: The Weapon Mix Problem." *Military Operations Research* 4(1): 67-80.
61. Brooks, Arthur C. (1997). "Toward a Demand-Side Cure for Cost Disease in the Performing Arts." *Journal of Economic Issues* 31(1): 197-207.
62. Brooks, Arthur C. (1997). "A Note on the Performing Arts: Counterpoint." *Journal of Economic Issues* 31(4): 1060-1061.
63. Brooks, Arthur C. (1996). "The Price of a Free Concert." *Empirical Studies of the Arts* 14(1): 79-87.

"How to Build a Life" column, *The Atlantic*

- Brooks, Arthur C. (January 5, 2023). "How we learned to be lonely." *The Atlantic*.
- Brooks, Arthur C. (December 22, 2022). "How to make the most of bad gifts." *The Atlantic*.
- Brooks, Arthur C. (December 8, 2022). "Breakups Always Hurt, but You Can Shorten the Suffering." *The Atlantic*.
- Brooks, Arthur C. (November 24, 2022). "Does overindulgence make you happy?" *The Atlantic*.
- Brooks, Arthur C. (November 17, 2022). "Meetings are miserable." *The Atlantic*.
- Brooks, Arthur C. (November 10, 2022). "Marriage is a team sport." *The Atlantic*.
- Brooks, Arthur C. (November 3, 2022). "How to love people who love conspiracies." *The Atlantic*.
- Brooks, Arthur C. (October 27, 2022). "How to make life more transcendent." *The Atlantic*.
- Brooks, Arthur C. (October 20, 2022). "Envy, the happiness killer." *The Atlantic*.
- Brooks, Arthur C. (October 13, 2022). "If you want success, pursue happiness." *The Atlantic*.
- Brooks, Arthur C. (October 6, 2022). "Why we do things we know we'll regret." *The Atlantic*.
- Brooks, Arthur C. (September 29, 2022). "Technology can make your relationships shallower." *The Atlantic*.
- Brooks, Arthur C. (September 22, 2022). "Don't objectify yourself." *The Atlantic*.
- Brooks, Arthur C. (September 15, 2022). "11 Ancient Solutions for Modern Malaise." *The Atlantic*.
- Brooks, Arthur C. (September 8, 2022). "What's missing from empathy." *The Atlantic*.
- Brooks, Arthur C. (September 1, 2022). "Don't Teach Your Kids to Fear the World." *The Atlantic*.
- Brooks, Arthur C. (August 25, 2022). "A shortcut for feeling just a little happier." *The Atlantic*.
- Brooks, Arthur C. (August 18, 2022). "Honesty is love." *The Atlantic*.
- Brooks, Arthur C. (August 11, 2022). "To get out of your head, get out of your house." *The Atlantic*.
- Brooks, Arthur C. (August 4, 2022). "How to embrace doing nothing." *The Atlantic*.
- Brooks, Arthur C. (July 28, 2022). "How to be happy in a recession." *The Atlantic*.
- Brooks, Arthur C. (July 21, 2022). "The three pillars of happiness." *The Atlantic*.
- Brooks, Arthur C. (July 14, 2022). "Zoom is the junk food of human interaction." *The Atlantic*.
- Brooks, Arthur C. (July 7, 2022). "Why You Should (Metaphorically) Run With the Bulls." *The Atlantic*.
- Brooks, Arthur C. (June 30, 2022). "Don't surround yourself with admirers." *The Atlantic*.
- Brooks, Arthur C. (June 23, 2022). "How to stop dating people who are wrong for you." *The Atlantic*.
- Brooks, Arthur C. (June 16, 2022). "Rewrite the stories you tell about yourself." *The Atlantic*.

Brooks, Arthur C. (June 9, 2022). "The case for mindful cursing." The Atlantic.

Brooks, Arthur C. (June 2, 2022). "Why It's So Easy to Feel Like a Hot Mess." The Atlantic.

Brooks, Arthur C. (May 26, 2022). "The Two Choices That Keep a Midlife Crisis at Bay." The Atlantic.

Brooks, Arthur C. (May 19, 2022). "Mindfulness hurts. That's why it works." The Atlantic.

Brooks, Arthur C. (May 12, 2022). "The Key to a Good Parent-Child Relationship? Low Expectations." The Atlantic.

Brooks, Arthur C. (May 5, 2022). "Ben Franklin's radical theory of happiness." The Atlantic.

Brooks, Arthur C. (April 28, 2022). "How to stop freaking out." The Atlantic.

Brooks, Arthur C. (April 21, 2022). "10 practical ways to improve happiness." The Atlantic.

Brooks, Arthur C. (April 14, 2022). "Sports Are Great Because They're Pointless." The Atlantic.

Brooks, Arthur C. (April 7, 2022). "A Gentler, Better Way to Change Minds." The Atlantic.

Brooks, Arthur C. (March 31, 2022). "The Most Successful People Are a Little Dissatisfied." The Atlantic.

Brooks, Arthur C. (March 24, 2022). "Choose enjoyment over pleasure." The Atlantic.

Brooks, Arthur C. (March 17, 2022). "Trolls aren't like the rest of us." The Atlantic.

Brooks, Arthur C. (March 10, 2022). "Fitting in is overrated." The Atlantic.

Brooks, Arthur C. (March 3, 2022). "The Kind of Smarts You Don't Find in Young People." The Atlantic.

Brooks, Arthur C. (February 24, 2022). "Why success can feel so bitter." The Atlantic.

Brooks, Arthur C. (February 17, 2022). "The seven habits that lead to happiness in old age." The Atlantic.

Brooks, Arthur C. (February 10, 2022). "The common dating strategy that's totally wrong." The Atlantic.

Brooks, Arthur C. (February 3, 2022). "The Problem with 'No Regrets'." The Atlantic.

Brooks, Arthur C. (January 27, 2022). "Make time for art." The Atlantic.

Brooks, Arthur C. (January 20, 2022). "We've Lost the True Meaning of Cynicism." The Atlantic.

Brooks, Arthur C. (January 13, 2022). "How to succeed at failure." The Atlantic.

Brooks, Arthur C. (January 6, 2022). "Listen to your own advice." The Atlantic.

Brooks, Arthur C. (December 30, 2021). "Give Your Money. Give Your Time. Don't Tell Anyone." The Atlantic.

Brooks, Arthur C. (December 23, 2021). "The cure for holiday blues." The Atlantic.

Brooks, Arthur C. (December 16, 2021). "The right way to procrastinate." The Atlantic.

Brooks, Arthur C. (December 9, 2021). "Your Money Worries Might Be Hiding Something Deeper." The Atlantic.

Brooks, Arthur C. (December 2, 2021). "When You Can't Change the World, Change Your Feelings." The Atlantic.

Brooks, Arthur C. (November 24, 2021). "How to Be Thankful When You Don't Feel Thankful." The Atlantic.

Brooks, Arthur C. (November 18, 2021). "Stop Lying to Yourself." The Atlantic.

Brooks, Arthur C. (November 11, 2021). "No One Cares!" The Atlantic.

Brooks, Arthur C. (November 4, 2021). "What Winter-Haters Get Wrong." The Atlantic.

Brooks, Arthur C. (October 28, 2021). "The masks we wear every day." The Atlantic.

Brooks, Arthur C. (October 21, 2021). "The Meaning of Life Is Surprisingly Simple." The Atlantic.

Brooks, Arthur C. (October 14, 2021). "To Be Happy, Hide from the Spotlight." The Atlantic.

Brooks, Arthur C. (October 7, 2021). "How to break a phone addiction." The Atlantic.

Brooks, Arthur C. (September 30, 2021). "A profession is not a personality." The Atlantic.

Brooks, Arthur C. (September 23, 2021). "Hope Is Better Than Optimism." The Atlantic.

Brooks, Arthur C. (September 16, 2021). "Go for a walk." The Atlantic.

Brooks, Arthur C. (September 9, 2021). "Believing in Soul Mates Is a Recipe for Disappointment." The Atlantic.

Brooks, Arthur C. (September 2, 2021). "There's no such thing as a perfect job." The Atlantic.

Brooks, Arthur C. (August 26, 2021). "School Is Lonely and Boring." The Atlantic.

Brooks, Arthur C. (August 19, 2021). "Fake Forgiveness Is Toxic for Relationships." The Atlantic.

Brooks, Arthur C. (August 12, 2021). "The Link Between Happiness and a Sense of Humor." The Atlantic.

Brooks, Arthur C. (August 5, 2021). "Which Pet Will Make You Happiest?" The Atlantic.

Brooks, Arthur C. (July 29, 2021). "What Immigrants Know About Happiness." The Atlantic.

Brooks, Arthur C. (July 22, 2021). "Those Who Share a Roof Share Emotions." The Atlantic.

Brooks, Arthur C. (July 15, 2021). "Different Cultures Define Happiness Differently." The Atlantic.

Brooks, Arthur C. (July 8, 2021). "Individualism Can Make You Happier." The Atlantic.

Brooks, Arthur C. (July 1, 2021). "The Happy Patriot, the Unhappy Nationalist." The Atlantic.

Brooks, Arthur C. (June 24, 2021). "How to Plan the Happiest Vacation." The Atlantic.

Brooks, Arthur C. (June 17, 2021). "Sacrificing for Their Kids Makes Fathers Happier." The Atlantic.

Brooks, Arthur C. (June 10, 2021). "The Curse of Revenge Bedtime Procrastination." The Atlantic.

Brooks, Arthur C. (June 3, 2021). "There's plenty wrong in the world. Acting gloomy won't fix any of it." The Atlantic.

Brooks, Arthur C. (May 27, 2021). "Trying New Things Can Make You Happier." The Atlantic.

Brooks, Arthur C. (May 20, 2021). "What Introverts and Extroverts Can Learn From Each Other." The Atlantic.

Brooks, Arthur C. (May 13, 2021). "A Once-in-a-Lifetime Chance to Start Over." The Atlantic.

Brooks, Arthur C. (May 6, 2021). "Three simple ways to make your mom happier." The Atlantic.

Brooks, Arthur C. (April 29, 2021). "Stop spending time on things you hate." The Atlantic.

Brooks, Arthur C. (April 22, 2021). "Don't for happiness. Work for it." The Atlantic.

Brooks, Arthur C. (April 15, 2021). "How to buy happiness." The Atlantic.

Brooks, Arthur C. (April 8, 2021). "The Best Friends Can Do Nothing for You." The Atlantic.

Brooks, Arthur C. (April 1, 2021). "You Might Not Realize How Much You Miss the Office" The Atlantic.

Brooks, Arthur C. (March 25, 2021). "Are You Dreaming Too Big?" The Atlantic.

Brooks, Arthur C. (March 18, 2021). "Do More than One Thing." The Atlantic.

Brooks, Arthur C. (March 11, 2021). "An Open Mind Is a Happy Mind." The Atlantic.

Brooks, Arthur C. (March 4, 2021). "A Counterintuitive Way to Cheer Up When You're Down." The Atlantic.

Brooks, Arthur C. (February 25, 2021). "Go Ahead and Fail." The Atlantic.

Brooks, Arthur C. (February 18, 2021). "What You Gain When You Give Things Up." The Atlantic.

Brooks, Arthur C. (February 11, 2021). "Falling in Love Is Misery. Staying in Love Is Bliss." The Atlantic.

Brooks, Arthur C. (February 4, 2021). "Individuality Is an Illusion." The Atlantic.

Brooks, Arthur C. (January 28, 2020). "There Are Two Kinds of Happy People." The Atlantic.

Brooks, Arthur C. (January 21, 2020). "How to Feel Successful Without Keeping Score." The Atlantic.

Brooks, Arthur C. (January 14, 2020). "Find the place you love. Then move there." The Atlantic.

Brooks, Arthur C. (December 31, 2020). "The New Year's Resolutions That Will Actually Lead to Happiness." The Atlantic.

Brooks, Arthur C. (December 17, 2020). "How to Make a Sad Holiday a Little Merrier." The Atlantic.

Brooks, Arthur C. (December 3, 2020). "How (And Why) to Measure Your Own Happiness." The Atlantic.

Brooks, Arthur C. (November 19, 2020). "Don't Let the Pandemic Bring Your Body to a Standstill." The Atlantic.

Brooks, Arthur C. (November 5, 2020). "The Happiness Effects of Losing an Election." The Atlantic.

Brooks, Arthur C. (October 22, 2020). "American Life Has Gotten More Comfortable, but Less Happy." The Atlantic.

Brooks, Arthur C. (October 8, 2020). "How to Protect Your Happiness This Election Season." The Atlantic.

Brooks, Arthur C. (September 24, 2020). "What to Do When the Future Feels Hopeless." The Atlantic.

Brooks, Arthur C. (September 10, 2020). "The Clocklike Regularity of Major Life Changes." The Atlantic.

Brooks, Arthur C. (August 27, 2020). "Why It's So Lonely at the Top." The Atlantic.

Brooks, Arthur C. (August 13, 2020). "How to Navigate a Midlife Change of Faith." The Atlantic.

Brooks, Arthur C. (July 30, 2020). "'Success Addicts' Choose Being Special Over Being Happy." The Atlantic.

Brooks, Arthur C. (July 16, 2020). "Love Is Medicine for Fear." The Atlantic.

Brooks, Arthur C. (July 2, 2020). "A College Degree Is No Guarantee of a Good Life." The Atlantic.

Brooks, Arthur C. (June 18, 2020). "Sit with Negative Emotions, Don't Push Them Away." The Atlantic.

Brooks, Arthur C. (June 4, 2020). "The Best Way to Handle Your Decline Is to Confront It Head On." The Atlantic.

Brooks, Arthur C. (May 21, 2020). "4 Rules for Identifying Your Life's Work." The Atlantic.

Brooks, Arthur C. (May 7, 2020). "Our Narrative of Success Leads to Unhappy Retirements." The Atlantic.

Brooks, Arthur C. (April 23, 2020). "Two Errors Our Minds Make When Trying to Grasp the Pandemic." The Atlantic.

Brooks, Arthur C. (April 9, 2020). "The Three Equations for a Happy Life, Even During a Pandemic." The Atlantic.

#### Washington Post columns

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#### EDITORIAL BOARDS

- Contributing Editor, *Reader's Digest*, 2008-present
- Editorial Board, *Strategic Entrepreneurship Journal*, 2006-2015
- Editorial Board, *Journal of Policy Analysis and Management*, 2004-2009
- Editorial Board, *Journal of Cultural Economics*, 2007-2011
- Editorial Board, *Public Administration Review*, 2002-2009
- Editorial Board, *Nonprofit and Voluntary Sector Quarterly*, 2001-2008
- Editorial Board, *Journal of Public Administration Research and Theory*, 2004-2009
- Editorial Board, *State and Local Government Review*, 2006-2009
- Co-editor, *Journal of Arts Management, Law, and Society*, 2002-2005

## PROFESSIONAL SERVICE

Board of Trustees, Legatum Institute, 2019-present  
Board of Trustees, American Enterprise Institute, 2009-2019  
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Advisory Board, John Templeton Foundation, 2008-2011  
Executive Committee, Association for Cultural Economics International, 2005-2011  
Research Advisory Council member, National Center on Nonprofit Enterprise, 2003-2009  
National Policy Board member, Americans for the Arts, 1999-2001

## OLDER AWARDS AND DISTINCTIONS

Distinguished Alumni Award, Pardee Rand Graduate School, 2016.  
FORTUNE Magazine, 50 World's Greatest Leaders, 2016.  
Lee Kwan Yew Exchange Fellow, Singapore, 2016.  
Judith Greenberg Seinfeld Distinguished Fellow, Syracuse University, 2005.  
Daniel Patrick Moynihan Award for outstanding teaching, research and service, The Maxwell School, 2003.  
Birkhead-Burkhead Teaching Excellence Award and Professorship, Public Administration Department, Maxwell School at Syracuse University, 2003.  
Richard H. Barchi Prize for best paper of the year in military operations research, Military Operations Research Society, 1997.